



Europe on the Move

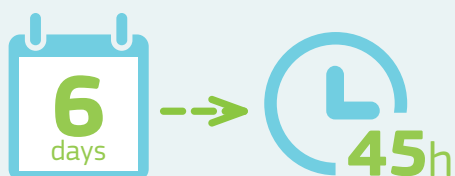


SOCIAL RULES: REST TIME FOR TRUCK DRIVERS

To keep our **roads as safe as possible**, the EU has **rules on driving and rest times** for truck and bus drivers. Now, a **certain degree of flexibility is being added to the existing rules** to the benefit of both drivers and truck companies. Very importantly, with these changes drivers will neither drive longer nor rest less time.

EXISTING RULES

REGULAR WEEKLY REST



- Minimum 45 hours rest, at the latest after 6 days of work (Compulsory every second week)

REDUCED WEEKLY REST



- Minimum 24 hours rest, at the latest after 6 days of work (Optional, but with compensation time during the next rest period)

ADDING FLEXIBILITY TO EXISTING RULES: WHAT IS GOING TO CHANGE?

TODAY

- After a reduced weekly rest the driver must take a regular weekly rest plus compensation time
- Drivers often sleep in the cabin during regular weekly rests, because until now, EU rules were not clear

AFTER

- Over a four week period the driver can take up to 2 reduced rests in a row. Compensation for the reduced rests must be added to a next regular weekly rest.
- Drivers cannot sleep in the cabin during regular weekly rests. Employers must provide accommodation for drivers when they take regular weekly rest during a long-distance transport operation.

THE BENEFITS



MORE TIME FLEXIBILITY

The drivers, especially those on long international trips, can spend more time at home every month if they wish to do so.



BETTER QUALITY RESTING

Accommodation is paid by the truck company during the regular weekly rest far from home.



CLEARER RULES

EU rules on the right to sleep in the cabin needed clarifications.



MORE SAFETY

Improved rest leads to improved safety.